



European  
Society of  
Aesthetic  
Gynecology

**Registration at 08:30 – 09:00 (HB Health of the Knightsbridge, London - UK)**

**Faculty:** Alexander Bader Cosmetic Gynecologist, President of ESAG  
Stelios Kiosses Consultant Psychotherapist, Oxford University  
Yair Leopold Laser Physics expert

**Venue:** [HB Health](#). 12 Beauchamp Place, Knightsbridge. SW3 1NQ London-UK. Tel: +44(0)207 838 0765

# SCHEDULE

Day 1:

June 25<sup>th</sup>

09:00 – 10:00 **Lecturer: Alexander Bader**

- Introduction to Cosmetic Vaginal Surgery (CVS), Anatomy for CVS, Case selection, Indications, Contraindications, Complication
- Set-up materials and tools you need to use for Office Cosmetic Vaginal Surgery

10:00 – 10:30 **Lecturer: Yair Leopold**

- Laser Principles and applications in Gynecology

**Coffee Break**

11:00 – 12:00 **Lecturer: Stelios Kiosses**

- Therapeutic support for pre and post procedures for patients considering or having cosmetic/Aesthetic Vaginal procedure

**12:00 – 13:00 Lunch Break**

13:00 – 14:00 **Lecturer: Alexander Bader**

- Step by Step procedures. Video demonstration

14:00 – 14:45 **Live Psychological assessment** (1 patient)

**Coffee Break**

15:00 – 15:30 **Case 1 live demonstration.** Labia Majora resurfacing and wrinkle removal with CO2 Laser

15:30 – 16:00 **Case 2 live demonstration.** Non Invasive Vaginal Rejuvenation with CO2 Laser technology

16:00 – 16:30 **Case 3 live demonstration.** Vulvar Bleaching with CO2 Laser technology

16:30 – 17:00 Discussion

17:00 End of 1st Day

**20:00 Official dinner**

Day 2:

June 26<sup>th</sup>

09:00 – 09:30 **Case 4 live demonstration.** Non Invasive Vaginal Rejuvenation and Stress Urine Incontinence treatment with CO2 Laser technology

09:30 – 10:00 **Case 5 live demonstration.** G-Spot Amplification

10:15 – 11:45 **Live Psychological assessment** (2 patients)

11:45 – 12:00 Discussion and questions

**12:00 – 13:00 Lunch Break**

13:00 – 13:30 **Case 6 live demonstration.** Labia Majora Augmentation with HA Fillers

13:30 – 14:00 **Case 7 live demonstration.** Vulvar and Anal Bleaching with CO2 Laser technology

14:00 – 14:30 **Case 8 live demonstration.** Labia Majora reduction with Non Invasive CO2 Laser technology

14:30 – 15:00 **Case 9 live demonstration.** Platelet Rich Plasma (PRP) application in the Vulvo-Vaginal area.

**15:15 Certificate and Pictures.** All delegates will be certified by The European Society of Aesthetic Gynaecology “ESAG” and The British Society of Anti-Ageing Medicine “BSAAM”

**End of the Training Course**